







Subject: ENGLISH

MONTH		UNIT	READING SKILLS/ASL	WRITING SKILLS	LITERATURE		
		1	Comprehension	Formal	My Mother at Sixty-Six(poem)		
APRIL		1	exercises from Literary Passages	Invitation	The Last Lesson		
		2		Informal Invitation	Lost Spring		
			Case based passages	Replies to Invitatio n			
		3		Report writing	The Third Level		
MAY		4	ASL	Article Writing	Deep Water The Tiger King		
		UT1					
		5	ASL		Keeping Quiet (poem)		
HINE			Notice Writing	The Rattrap			
JUNE		6		8	Journey to the End of the Earth		
		7	Comprehensio nfrom	Letter to theEditor	Indigo		
JULY			Discursive Passages	ve	A Thing of Beauty(poem)		
JULI					The Enemy		
					UT2		
MONTH		UNIT	READIN G SKILLS/AS L	WRITING SKILLS	LITERATURE		
		8	Inference from Context		Going Places		
AUGUST			Commutant	Job Application	On the Face of It		
		9	Comprehensio nfrom Factual		Poets and Pancakes		
			Passages		The Interview		







SEPTEMBER	10	REVISION AND BLOCK TEST		
OCTOBER	11	Comprehensio nfrom Analytical Passages	Job Application	Memories of Childhood
			Letter to the	A Roadside Stand(poem)
NOVEMBER	12	ASL	Editor	Aunt Jennifer's Tigers(poem)
			REVISION	
DECEMBER	PRE-BOARD EXAMINATION			





Subject: PHYSICS

MONTH	CHAPTER	TOPICS	SUB TOPICS
			Electric charges and their conservation. Coulomb's law - force between two-point charges, forces between multiple charges; superposition principle and continuous charge distribution.
APRIL	Ι	ELECTROS TATICS	Electric field, electric field due to a point charge, electric field lines; electric dipole, electric fielddue to a dipole; torque on a dipole in a uniform electric field.
			Electric flux, statement of Gauss's theorem and its applications to find field due to infinitely longstraight wire, uniformly charged infinite plane sheet and uniformly charged thin spherical shell(field inside and outside).
			Electric potential, potential difference, electric potential due to a point charge, a dipole and system of charges; equipotential surfaces, electrical potential energy of a system of two-point charges and of electric dipoles in an electrostatic field.
			Conductors and insulators, free charges and bound charges inside a conductor. Dielectrics and electric polarisation, capacitors and capacitance, combination of capacitors in series and in parallel, capacitance of a parallel plate capacitor with and without dielectric medium between the plates, energy stored in a capacitor (no derivation, formulae only)







MAY	IX	RAY OPTICS	Reflection of light, spherical mirrors, mirror formula. Refraction of light, total internal reflection optical fibres, refraction at spherical surfaces, lenses, thin lens formula, lens- maker's formula. Magnification, power of a lens, combination of thin lenses in contact.
			Refraction of light through a prism.
			Optical instruments: Microscopes and astronomical telescopes (reflecting and refracting) and their magnifying powers.

MONTH	CHAPTER	TOPICS	SUB TOPICS		
JUNE	II	CURRENT ELECTRICITY	Electric current, flow of electric charges in a metallic conductor, drift velocity and mobility, and their relation with electric current; Ohm's law, V-I characteristics (linear and non-linear), electrical energy and power, electrical resistivityand conductivity. C; temperature dependence of resistance. Internal resistance of a cell, potential difference and emf of a cell, combination of cells in series and in parallel.		
			Kirchhoff 's laws. Wheatstone bridge		
	UNIT TEST 1				







JUNE AND JULY	III	Magnetic Effectsof Current and Magnetism	Concept of magnetic field, Oersted's experiment. Biot - Savart law and its application to current carrying circular loop. Ampere's law and its applications to infinitely long straight wire straightsolenoid (only qualitative treatment). Force on a moving charge in uniform magnetic and electric fields. Force on a current-carrying conductor in a uniform magnetic field. Force between two parallel current carrying conductors- definition of ampere. Torque experienced by a current loopin a magnetic field; moving coil galvanometer-itscurrent sensitivity and conversion to ammeter and voltmeter. Current loop as a magnetic dipole and its magnetic dipole moment. Magnetic field intensitydue to a magnetic dipole (bar magnet) along its axis and perpendicular to its axis. Torque on a magnetic dipole (bar magnet) in a uniformmagnetic field (qualitative treatment only); bar magnet as an equivalent solenoid, magnetic fieldlines (qualitative treatment only) Para-, dia- and ferro - magnetic substances, with examples. Magnetisation of materials; Effect of temperatureon Magnetic Properties
	IV	Electromagneti cInduction and Alternating Currents	Electromagnetic induction; Faraday's law, induced emf and current; Lenz's Law, Self andmutual inductance. Alternating currents, peak and rms value of alternating current /voltage; reactance and impedance; LCR series circuit (Phasors only), resonance; power in AC circuits, power factor, wattless current. AC generator and transformer.

	V	Electromgnetic Waves	Basic idea of displacement current, Electromagnetic waves and their characteristics(qualitative ideas only). Transverse nature of electromagnetic waves. Electromagnetic spectrum (radio waves, microwaves, infrared, visible, ultraviolet, x-rays, gamma rays) including elementary facts about their uses.
AUGUST		WAVE OPTICS	Wavefront and Huygens' principle, reflection and refraction of plane wave at a plane surface using wavefronts. Proof of laws of reflection and refraction using Huygens' principle. Interference, Young's double slit experiment (No derivation finalexpression only) and expression. for fringe width,coherent sources and sustained interference of light. Diffraction due to a single slit, width of central maximum (qualitative treatment only).
	BLOCK TEST 1		





SEPTEMBER	XI	Photoelectric Effect Dual nature and matter waves	Dual nature of radiation, Photoelectric effect, Hertzand Lenard's observations; Einstein's photoelectricequation - particle nature of light. Experimental Study of Photoelectric Effect. Matter waves - wavenature of particles, de Broglie relation.		
OCTOBER	XII & XIII	ATOMS AND NUCLEI	Alpha - particle scattering experiment; Rutherford's model of atom; Bohr model of Hydrogen atom, expression of radius of nth possible orbit, velocity and energy in this orbit of Hydrogen line spectra (qualitative treatmentonly), Composition and size of nucleus, nuclear force atomic masses, Mass-energy relation, mass defect; binding energy per nucleon and its variation with mass number; nuclear fission and fusion.		
NOVEMBER	XIV	ELECTRONIC DEVICES	Energy Bands in conductors, Semiconductors and insulators (qualitative treatment only), intrinsic and extrinsic semiconductors, p type and n type, pn junction; semiconductor diode - I-V characteristics in forward and reverse bias, diodeas a rectifier;		
NOVEMBER	REVISION FOR PREBOARD EXAMINATION				
DECEMBER	PREBOARD EXAMINATION				







Subject: CHEMISTRY

MONTH	CHAPT ER NO.	CHAPTER	CONTENTS
APRIL	П	Solutions	 Types of solutions. Expression of concentration of solutions of solids in liquids Solubility of gases in liquid, solid in liquid. Colligative properties: relative lowering of vapour pressure, Raoult's law, elevation of boiling point, depression of freezing point, osmotic pressure Determination of molecular masses using colligative properties Abnormal molecular mass, Vant Hoff factor
MAY	IV	Chemical Kinetics	 Rate of a reaction (average and instantaneous) Factors affecting rates of reaction. Order andmolecularity of a reaction Rate law and specific rate constant, integrated, rate equations and half- life (onlyfor zero and first order reactions) Activation energy, Arrhenius equation Concept of collision theory (elementary idea, no mathematical treatment)
			UNIT TEST -1
JUNE	Ш	Electrochemistry	 Redox reaction EMF of a cell, standard electrode potential Nernst equation and its application tochemical cells. Relation between Gibbs energy change and EMF of a cell. Conductance in electrolytic solutions, specific and molar conductivity, variations of conductivity with concentration.Kohlrausch's Law. Electrolysis and laws of electrolysis(elementary idea) Dry cell – electrolytic cells and galvanic cells.Fuel cells; corrosion.
JULY	X	Haloalkanes and Haloarenes	 Haloalkanes: Nomenclature, nature of C-X bond, physical and chemical properties, mechanism of substitution reactions. Haloarenes: Nature of C-X bond, substitutiorreactions (directive influence of halogen for monosubstituted compounds only). Uses and environmental effects of – dichloromethane, trichloromethane, tetrachloromethane, iodoform, freons, DDT.
JULY			UNIT TEST-2





	JULY	Alcohols, Phenols andEthers	 Alcohols: Nomenclature, methods of preparation, physical and chemical properties(of primary alcohols only); identification of primary, secondary and tertiary alcohols; mechanism of dehydration, uses, with special reference to methanol and ethanol. Phenols: Nomenclature, methods of preparation, physical and chemical properties, acidic nature of phenol, electrophilic substitution reactions, uses of phenols. Ethers: Nomenclature, methods of preparation, physical and chemical properties, uses.
A	UGUST	Aldehydes , Ketones and Carboxylic Acids	 Aldehydes and Ketones: Nomenclature, nature of carbonyl group, methods of preparation, physical and chemical properties, and mechanism of nucleophilic addition, reactivity of alpha hydrogen in aldehydes; uses. Carboxylic Acids: Nomenclature, acidic nature, methods of preparation, physical andchemical properties; uses

MONTH	CHAPTE RNO.	CHAPTER	CONTENTS
AUGUST	XIII	Amines	 Nomenclature, classification, structure, Preparation, physical and chemical properties, uses, identification of primarysecondary and tertiary amines. Cyanides and Isocyanides – will be mentioned at relevant places in context. Diazonium salts: Preparation, chemicalreactions and importance in synthetic organic chemistry.
SEPTEMBER			REVISION AND BLOCK TEST 1
OCTOBER	VIII	d -and f Block Elements	 General introduction, electronic configuration, occurrence and characteristics of transition metals, general trends in properties of the first-row transition metals metallic character, ionization enthalpy, oxidation states, ionic radii, colour, catalytic property, magnetic properties, interstitial compounds, alloy formation. Preparation and properties of K2Cr2O7 and KMnO4. Lanthanoids - electronic configuration, oxidation states, chemical reactivity and lanthanoid contraction and its consequences. Actinoids - Electronic configuration, oxidation states and comparison withlanthanoids.





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OCTOBER	IX	Coordinati on Compound s	 Coordination compounds: Introduction, Werner's theory, ligands, coordination number, colour, magnetic properties and shapes IUPAC nomenclature of mono nuclearcoordination compounds, 	
NOVEMBER	IX (Contd.)	Coordinati on Compound s (Contd.)	 isomerism (structural and stereo) Bonding, VBT, CFT Importance of coordination compounds(in qualitative analysis, extraction of metals and biological systems). 	
NOVEMBER	XIV	Biomolecu les	 Carbohydrates – Classification (aldosesand ketoses), monosaccharide (glucoseand fructose), D-L configuration, oligosaccharides (sucrose, lactose, maltose), polysaccharides (starch, cellulose, glycogen): importance of carbohydrates. Proteins - Elementary idea of a - aminoacids, peptide bond, polypeptides, proteins, primary structure, secondary structure, tertiary structure and quaternary structure (qualitative idea only), denaturation of proteins;enzymes. Vitamins – Classification and functions. Nucleic Acids: DNA and RNA 	
NOVEMBER	REVISION			
DECEMBER	PRE- BOARD EXAMINATION			







Subject: MATHEMATICS

MONTH	TOPICS	SUBTOPICS	
		Relation, Relation on a set. Types of Relations	
APRIL	Relation and Functions	Equivalence Relation, Equivalence Class	
		Function, different types of Function, One one and onto function,	
		Domain and Range of Inverse TrigonometricFunctions and related formulas, graphs of inverse trigonometric functions	
MAY	Continuity	Continuity	
JUNE		UT 1	
	Differentiability	Differentiability test, Derivative (Chain Rule), 1st. Order and Higher order	
	Application of Derivatives	Rate Measure (Application in Sphere, Cylinder, Cone etc.), Increasing & Decreasing Functions	







JULY	Applicatio n of Derivativ es	Local Minima, Maxima, Absolute Maxima and Minima, Point of Inflexion, Concavity and wordproblems related to cylinder, cone, etc.
		UT2
	Matrices and Determinants	Matrices (Transpose, Adjoint and Symmetric and Skew symmetric, Inverse), Solve by matrixmethod (Martin's Rule), Word problem by matrix method. Existence of non-zero matrices whose product is zero matrix (up to order 2) Determinants, consistency and inconsistency, no of solutions, Area of triangle
	LPP	Introduction and related terminology, Mathematical Formulation of L.P.P Graphical Solution (Bounded and Unbounded Region)
AUGUST	Indefinite integral	Integration Properties, Formulae, solution bysubstitution, by parts
	Definite Integral	Fundamental Theorem of Calculus, Different properties of Definite Integrals







SEPTEMBI	ER	BT 1	
OCTOBER	Probability	Probability (Conditional), Baye's Theorem, RandomVariable, Distribution, Mean and Variance	
	Area Under Curve	Area under curve (Rough sketch of curve and calculating area by using integration), only straightlines and standard form of conics	
	Differential Equation	Differential Equations, Order & Degree, and Solution of the differential equation, Method of separation, substitution, homogeneous diff equation, integrating factor and linear diff equation	
NOVEMBER	Vectors	Position Vectors, Section formula, direction cosines and direction ratios, dot and cross product related sums, geometrical interpretation	
	3D- Geometry	Direction Cosine of Line, Angle between Lines, Condition of parallel and perpendicular Lines, StraightLine, Equation of line passing through two points, Shortest distance between two Skew Lines.	
DECEMBER	PREBOARD		







Subject: BIOLOGY

MONTH	UNIT	NAME OF THE CHAPTERS		
APRIL	Reproduction	Sexual Reproduction in FloweringPlants		
МАҮ	reproduction	Human Reproduction		
		Reproductive Health- Introduction		
		UNIT TEST I		
JUNE	Reproduction	Reproductive Health – Continued		
	Genetics and Evolution	Principles Of Inheritance and Variation		
JULY	Genetics and Evolution	Molecular Basis of Inheritance		
		Theory of Evidences of Evolution		
	Biology in Human Welfare	Microbes In Human Welfare – Introduction		
UNIT TEST II				
AUGUST	Biology in Human Welfare	Microbes in Human Welfare Continued		
		Human Health and Diseases –Introduction		
SEPTEMBER	Biology in Human Welfare	Human Health and Diseases-Continued		

BLOCK TEST I







OCTOBER	Biotechnology	Biotechnology: Principles and Process	
	Biotechnology	Biotechnology and Its Application	
NOVEMB ER	ECOLOGY	Organisms and Population	
		Ecosystems	
		Biodiversity and Conservation	
NOVEMBER	REVISION FOR PRE BOARD EXAMINATION		
DECEMBER	PRE BOARD EXAMINATION		



RUBY PARK PUBLIC SCHOOL

ASS XII

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Subject: COMPUTER SCIENCE

	TOPIC	SUB-TOPIC
MONTH		
		Tokens in Python
		Variables and Assignments
		Simple Input and Output
	Python	Data Types
	Revision Tour	Mutable and Immutable Types
		Expressions
APRIL		Statement Flow Control
		Looping Statements
		Strings in Python
	Python	Lists in Python
	Revision	Tuples in Python Dictionaries in Python
	Tour- II	Sorting Techniques
		Types of function (built-in functions, functions defined in module, user
MAY	Working with Functions	defined functions), creating user defined function, arguments and parameters, default parameters, positional parameters, function returningvalue(s), flow of
		execution, scope of a variable (global scope, local scope)
		UNIT TEST - 1
JUNE	Using Python Libraries	Creating python libraries
		Introduction to files, types of files (Text file, Binary file, CSV file), relative and absolute paths
JULY	File Handling	Text file: opening a text file, text file open modes (r, r+,w, w+, a, a+), closing a text file, opening a file using with clause, writing/appending data to a text file using write() and writelines(), reading from a text file using read(), readline() and readlines(), seek and tell methods, manipulation of data in a text file
		Binary file: basic operations on a binary file: open using file open modes (rb, rb+, wb, wb+, ab, ab+), closea binary file, import pickle module, dump() and load() method, read, write/create, search, append and update operations in a binary file
		CSV file: import csv module, open/ close csv file, write into a csv file using writer(), writerow(), writerows(), and read from a csv file using reader()
		UNIT TEST - 2







	Data Structure Linear Lists	Stack, operations on stack (push & pop), implementation of stack using list.
	Database Management	Database concepts: introduction to database concepts and its need
		Relational data model: relation, attribute, tuple, domain,degree, cardinality, keys (candidate key, primary key, alternate key, foreign key)
	Database Management	Structured Query Language: introduction, Data Definition Language and Data Manipulation Language, datatype (char(n), varchar(n), int, float, date), constraints (not null, unique, primary key), create database, use database, show databases, drop database, show tables, create table, describe table, alter table (add and
AUGUST	genien	remove an attribute, add and remove primary key), drop table, insert, delete, select, operators (mathematical, relational and logical), aliasing, distinct clause, where clause, in, between, order by, meaning of null, is null, is not null, like, update command, delete command, aggregate functions (max, min, avg, sum, count), group by, having clause, joins: cartesian product on two tables, equijoin and natural join
		BLOCK TEST - I
OCTOBER	Interface Python with MySQL	Connecting SQL with Python, performing insert, update, delete queries using cursor, display data by using fetchone(), fetchall(), rowcount, creating database connectivity applications, use of %s format specifier or format() to perform queries
		Evolution of networking: introduction to computer networks, evolution of networking (ARPANET, NSFNET, INTERNET)
comment		Data communication terminologies: concept of communication, components of data communication (sender, receiver, message, communication media, protocols), measuring capacity of communication media(bandwidth, data transfer rate), IP address, switching techniques (Circuit switching, Packet switching)
		Transmission media: Wired communication media (Twisted pair cable, Co-axial cable, Fibre-optic cable), Wireless media (Radio waves, Microwaves, Infrared waves)
NOVEMBE	R Computer	Network devices (Modem, Ethernet card, RJ45, Repeater, Hub, Switch, Router, Gateway, WIFI card)
	Networks	Network topologies and Network types: types of networks (PAN, LAN, MAN, WAN), networking topologies(Bus, Star, Tree)
		Network protocol: HTTP, FTP, PPP, SMTP, TCP/IP, POP3, HTTPS, TELNET, VoIP







	Introduction to web services: WWW, Hyper Text MarkupLanguage (HTML), Extensible Markup Language (XML), domain names, URL, website, web browser, web servers, web hosting Introduction to web services: WWW, Hyper Text MarkupLanguage (HTML), Extensible Markup Language (XML), domain names, URL, website, web browser, web servers, web hosting
DECEMBER	





Subject: ECONOMICS

MONTH	UNIT	TOPIC	SUB TOPIC
APRIL	Part A Unit1	Macroecono mics	What is Macroeconomics? National Income and Related Aggregates: Some basic concepts: consumption goods, capital goods, final goods, intermediate goods, stocks and flows; gross investment and depreciation. Circular flow of income (two sector model). Methods of calculatingNational Income-Value Added or Product method, Incomemethod, Expenditure method. Aggregates related to National Income: Gross National Product (GNP), Net National Product (NNP), Gross and Net Domestic Product(GDP and NDP) - at market price, at factor cost; Real and Nominal GDP. GDP and Welfare.
MAY	Part BUnit 6	Indian Economy	 A brief introduction of the state of Indian economy on the eve of independence. Development Experience (1947-90) a. Indian economic system and common goals of Five-Year Plans. b. Main features, problems and policies of agriculture(institutional aspects and new agricultural strategy), industry (IPR 1956, Role and importance of SSI.) and foreign trade. Economic Reforms since 1991: Liberalisation, Privatisation and Globalisation: Features and Appraisals. Concepts of GST and Demonetisation.
			MAY/JUNE (UNIT TEST 1)
JUNE	Part A Unit 2	Macroeconomio s	Money and Banking Money - meaning and functions, supply of money - Currency held by the public and net demand deposits heldby commercial banks. Money creation by the commercial banking system. Central bank and its functions (example of the Reserve Bank of India): Bank of issue, Bank of government, Banker's Bank, Control of Credit through Bank Rate, CRR,SLR, Repo Rate and Reverse Repo Rate, Open Market Operations, Margin requirement.
JULY	Part B Unit 7	Indian Economi Development	 Current challenges facing Indian Economy: Rural development: Key issues in rural development- Credit and marketing. Role of cooperatives, Agricultural diversification. Alternate farming - organic farming.







JULY		Indian Econom Development	ic Human Capital For economic developm Employment: Grov and informal sector	mation in India- Sources, Role of human capital in nent, Growth of Education sector in India. /th and changes in workforce participation rate in formal s; problems and policies.	
		Macroeconomi	classification of exp Balanced, Surplus a revenue deficit,	t - s and components. Classification of receipts - revenue receipts; benditure - revenue expenditure and capital expenditure. and deficit budget. Measures of government deficit - ry deficit their meaning.	
			JULY (UN	IT TEST 2)	
AUGUST	Part A Unit 3	Macroecon omics	Shorf-run equilibrium output: investment multiplier and its mechanism		
SEPTEMBER REVISION AND BLOCK TEST					







OCTOBER	Unit 8	Indian Economic Develop ment	Current challenges facing Indian Economy Sustainable Economic Development: Meaning, Effects of Economic Development on Resources and Environment, including global warming. Development Experience of India: Comparison with Neighbours: India and Pakistan, India and China. Issues: Growth, population, sectoral development and other developmental indicators.
NOVEMBER	Part A Unit 5	Macroecon omics	Balance of Payments Balance of payments account - meaning and components; balance of payments surplus and deficit. Foreign exchangerate - meaning of fixed and flexible rates and managed floating. Determination of exchange rate in a free market. Merits and demerits of flexible and fixed exchange rate. Managed floating exchange rate system.
DECEMBER	PRE BOARD COMMENCES		







Subject: ACCOUNTANCY

MONTH	TOPIC	SUB TOPIC		
	Company	Issue of Shares at Par and Premium and consideration other than cash		
		Calls in Arrear, Calls in Advance and OverSubscription		
APRIL	Accounts	Forfeiture of shares issued at par and premium and there subsequent reissue. Over subscription with Forfeiture		
		Balance Sheet Representation as per Schedule III of Companies Act 2013 of Shareholders Fund(including prorata)		
	Company Accounts	Prorata allotment and balance sheetrepresentation continued		
MAY	Financial statement Analysis	Financial Statements of Companies and Theory of Financial Statement Analysis. Statement of Profit and Loss as per schedule III of Companies Act		
		UT 1		
JUNE	Financial statement	Ratio Analysis		
	Financial statement Analysis	Cash Flow Statement		
JULY	Partnership	Fundamentals of Partnership - Theory, P/L Appropriation Account, Interest on Capital, Interest on Drawings, Fluctuating and Fixed Capital Accounts, Rectification of Closed Accounts Guarantee of Minimum Share of Profit		
	UT 2			
AUGUST	Partnership	Change in Profit Sharing Ratio among existing Partners - Calculation of Sacrificing and Gaining Ratio, Valuation of Goodwill, Treatment of Goodwill, Treatment of Reserves and AccumulatedProfits and Revaluation of Assets and Liabilities. Including preparation of new balance sheet		
		Admission of a Partner - Premium for Goodwilland preparation of Revaluation Account, Partners Capital Account and Balance Sheet of reconstituted firm along with Hidden Goodwill andAdjustment of Capital		
CEDTEMDED		REVISION AND BLOCK TEST 1		
SEPTEMBER	Partnership	Retirement of a Partner along with Partners LoanAccount and Balance Sheet		
OCTOBER	Partnership	Retirement of a Partner along with Partner's LoanAccount and Balance Sheet, Death of a Partner along with Executor's Loan Account		
	Partnership	Dissolution of a firm along with Memorandum Balance Sheet and Journal Entries.		







		Issue of Debentures - Issued at Par, Premium and Discount,
	Company Accounts	Issue of Debentures as Collateral Securities and Issue of Debentures for consideration other than cash
	REVISION	
DECEMBER	PRE-BOARD	







Subject: BUSSINESS STUDIES

MONTH	TOPIC	SUB TOPIC	
	Nature and Significance of	Characteristics and Objectives Of management,Nature and levels of Management Functions and Coordination	
	Management Principles of Management	Fayol's Principal Contd and Taylor's Principlesand Technique and Comparison between Taylorand Fayol	
	Business Environment	Introduction of Business Environment, Features, and Importance	
	Business Environment	Dimensions of business environment, Demonetisation - concept and importance	
MAY	Marketing Management	Marketing Management - Meaning, Functions and Marketing Philosophies and Marketing MixIntroduction	
		UT 1	
JUNE	Marketing Management	Marketing mix -Product, Price, Place, and Promotion along with Public Relations	
JULY	Financial Markets	Concept, Types, Money market and its instruments, Distinction between Money Marketand Capital Market, Stock Exchange and its Function and Trading Procedure and Securities and Exchange Board of India - Objectives and functions	
	Financial Management	 Three important decisions - Meaning and Factors affecting the same, Financial Planning Objectives and Importance Capital Structureconcept along with Trading on Equity, Fixed and Working Capital and factors affecting the decisions of Fixed and Working Capital 	
AUGUST	Consumer Protection	Concept and Importance, Consumer Protection Act 2019, Role of NGOs and Non-Governmental organizations	
	Planning	Concept and Importance, Limitations, Planning Process and Types of Plans	
AUGUST	Organising	Concept and Importance, Organising Process, Structure of Organisation - Divisional and Functional Structure, Types of Organising, Formal and Informal, Delegation and Decentralisation-Concept, Elements Importance	
	REVISION AND BLOCK TEST I		
SEPTEMBER	Staffing	Concept and Importance, Staffing as a part of HRM, Staffing Process and Sources of Recruitment - Internal and External - Merits andDemerits	
OCTOBER	Staffing	Selection Process, Training and Development -Concept, Importance and Methods	







NOVEMBER	Directing	Concepts, Importance and Elements. Motivation-Concept, Maslow's Theory and Financial and Non-Financial Incentives, Leadership - Concepts, Styles of Leadership, Communication - Concept, Formal and Informal Communication, Barriers to Communication and how to overcome Barriers toCommunication
	Controlling	Concept, Importance, Process of Controlling, Relationship between Planning and Controlling.
		REVISION
DECEMBER	PRE-BOARD	





Subject: PHYSICAL EDUCATION

MONTH	UNIT	TOPIC	SUB TOPIC
		Manage	Function of Sports Events Management (Planning, Organising, Staffing, Directing &Controlling)
APRIL	1	mentof Sporting	Various Committees & their Responsibilities(Pre, During and Post)
	1	Event	Fixture and its Procedures- Knock-Out (Bye & Seeding) & League (Staircase & Cyclic)
MAY			Common Postural Deformities - Knock Knee, Bow Legs, Flat Foot, Round Shoulders, Lordosis, Kyphosis and Scoliosis and their corrective measures.
		Children &	Special consideration (Menarche & MenstrualDysfunction)
	2	Women inSports	Female Athletes Triad (Osteoporosis, Amenorrhoea, Eating Disorders)
	11		UNIT 1
			Obesity: Procedure, Benefits & contraindications for Vajrasana, Hastotansana, Trikonasana, Ardh-Matsyendrasana
		Yoga as Prevent	Diabetes: Procedure, Benefits & contraindications for Bhujangasana, Paschimottanasana, Pavan Muktasana, ArdhMatsyendrasana, Kapalabhati.
JUNE	3	ive measur es for Lifestyl	Asthma: Procedure, Benefits & Contraindication for Sukhasana, Chakrasana, Gomukhasana, Parvatasana, Bhujangasana, Paschimottanasana, Matsyasana, Anulom-Vilom.
		e Disease	Hypertension: Tadasana, Vajrasana, Pavan Muktasana, Ardha Chakrasana, Bhujangasana,Shavasana
		Physi cal	Organizations promoting Disability Sports (Special Olympics, Paralympics, Deaflympics)
		Educa tion&	Advantage of Physical Activities for children with special needs.
		Sport s for	Strategies to make Physical Activities assessable for children with special needs.
		CWS	
JULY	4	N (Children	
		With	
		Special Needs	
		-	
		Divyang)	
			UNIT 2
		Sport	Concept of balance diet and nutrition. Macro and Micronutrients; Food sources &functions.
		1.1.1	







JULY	5	s & Nutri tion	Nutritive & Non-Nutritive Components of Diet.
AUGUST	6	Test & Measure mentIn Sports	Fitness Test- SAI Khelo India Fitness Test in school:Age group 5-8 yrs/class 1-3: BMI, Flamingo Balance Test, Plate Tapping Test, Age group 9-18 yrs/class 4-12: BMI, 50mt Speed test, 600 mt Run/Walk, Sit & Reach flexibility test, Strength Test (Abdominal Partial Curl Up, Push-Ups for boys, Modified Push-Ups for girls). Computing Basal Metabolic Rate (BMR) Rikli &Jones - Senior Citizen Fitness Test 1. Chair Stand Test for lower body strength 2. Arm Curl Test for upper body strength 3. Chair Sit & Reach Test for lower body flexibility 4. Back Scratch Test for upper body flexibility 5. Eight Foot Up & Go Test for agility 6. Six Minute Walk
			BLOCK TEST
SEPTEMBER	7	Physiol ogy & Injuries in Sports	Physiological factor determining component of Physical Fitness Effect of exercise on Muscular System Effect of exercise on Cardio - Respiratory System
SEPTEMBER	7	Physiol ogy & Injuries in Sports	Sports injuries: Classification (Soft Tissue Injuries: (Abrasion, Contusion, Laceration, Incision, Sprain & Strain) Bone & Joint Injuries: (Dislocation, Fractures: Green Stick, Comminuted, Transverse Oblique & Impacted).
			Newton's Law of Motion & its application in sports
OCT – NOV- DEC	8	Newton's Law of Motion & its Applicati on in Sports Biomech anics& Sports	Equilibrium - Dynamic & Static and Centre of Gravity and its application in sports Friction & Sports Projectile in Sports.
OCT – NOV- DEC	9	Psycholo gy & Sports	 Personality; its definition & types (JungClassification & Big Five Theory) Meaning, Concept & Types of Aggressions inSports Psychological Attributes in Sports - Self Esteem, Mental Imagery, Self-Talk, Goal setting Concept of Talent Identification and TalentDevelopment in Sports.
			concept of Fullent fullent and Fullent Development in Sports.







	10	Trainin g In Sport s	Introduction to Sports Training cycle - Micro, Meso, Macro Cycle.Types and Method to Develop - Strength, Endurance, and SpeedType and Method to Develop - Flexibility and Coordinative Ability.
DECEMBER	PREBOARD		

